

Apr 1980 - Oct 1981

Running Results

Name	date	date	location	distance	time	place/#	weather	Comments	1st 7 rating
BAA Marathon	4-21-80	4-21-80	Boston	26.2M	2:40:40	395/5500	75° S, H!	exciting fantastic crowds	5
Ms Boat Run	4-26-80	4-26-80	Syracuse	10M	55:49	5/600	65° S pleasant	Killy Joan Benoit	5
Spring Flyer 10K	5-18-80	5-18-80	Cambridge	5 M 9	26:49	6/100	60° C 100.05, S!	got Whalata, had new shoes	5
Oslynn Run 10K	5-26-80	5-26-80	Arlington	10K	32:10	1st/200	60° perfect	1st 3mi → downhill (short) last 3mi → uphill and out to foot 4:50	5
Tulsa Run 5M	6-7-80	6-7-80	Tulsa	5M	27:01	7th/400	95° H! M!	to foto on TV	5
Ms Washington NH	6-15-80	6-15-80	NH	8M	21:10	M/550	85° S! 48° W! C!	lost bottle, scene, sweat bad left shiplap 2% gravel	6
Duck Pond 10K	7-6-80	7-6-80	Scottsboro	10K	32:45	7th/2000	S! W!!!	toys (36.17) Mocha-Mungo potty gas, felt too good at end	5
Fresh Pond	7-12-80	7-12-80	Cambridge	5M	26:04	1st/50	S! B!	real strong, pushed myself good pace	5
That'll Left Series	7-20-80	7-20-80	Orlando MA	1/2 marathon	73:47	16th/1300	95° H! S!	toys, Bancroft, Kenyon, Myers (tr) Shaban, Fleming, Apple, Belmont Cory, Ben, Doug, felt	5
								felt too good at finish, need more guts, stomached → great water! pad midfell more	
Waltham Marathon	7-27-80	7-27-80	Waltham	10K	32:30	7th/400	75° full moon hiss B!	shp 1st push, around rocks Below, recovered fast ran this	5
AHU That'll Championships	8-23-80	8-23-80	Concord NH	20K	67:15	14th/400	75° S! B!! 5:30 PM	5:40, 10:10, 16:05, 33:47, 54:20	5
Franconia Scramble	8-30-80	8-30-80	Franconia NH	10K+	33:20	3rd/250	85° S! H!	Holger won felt good, fast of sleep	3
Caplan NEAC Champ.	8-1-80	8-1-80	Blairstown	25K	1:26:41	4th/560	80° H! S! W!	Pollyfantasy, time up hilly, no shoe, beautiful Cocaine, Olson won 2:50 @ 10K	5
Brandenburg	9-6-80	9-6-80	Belmont	10K	32:54	12th/1100	85° H! S!	terrible, no guts, no heat	2
Freedom Trail	9-21-80	9-21-80	Cambridge	4M	20:18	14th/500	50°	back foot won	
Freedom Trail	10-5-80	10-5-80	Beta (San. Mass.)	8-M	41:48	39th/2500	65° S! B!!!	Myers, Thom, Holger, Pfeitzger	5, 6
NEAC Championships (15K)	10-12-80	10-12-80	Manchester NH	9.8M	51:15	12th/130	65° S! B!!!	showed guts at end, Reed O'Connell; Olson, Kenyon @ 5:15 yes on with + legs, 2nd team	5
Ocean State Marathon	11-2-80	11-2-80	Myrtle RT	26.2M	2:27:33	2500	40° S! B!	Brunds, healthy, course perfect pace @ 5:38	6
CSU Turkey Trot	11-22-80	11-22-80	Carlyle NY Fresh Pond	5M	25:45	1st to 49th 3rd overall team 4th/349 CSU 2nd team	45° C	upon ducking w/ Lisa Olson open 2 push	5
Sugarloaf Mt	2-22-81	2-22-81	Amherst	10M	53:10		50° S/C	had cold, hilly course, push a nice muddy way	6
BAA Marathon	4-20-81	4-20-81	Boston	26.2M	2:28:04	229th/6845	50° C	5:33 pace thru 15M, got excited ded ded. Nita, good shape out easy, left 1st 4th	3
MIT Community Service	4-26-81	4-26-81	MIT-River	4M	21:04	1st/350	60° S! B!	Kick in, sure heastings started easy, kept even, strong, moved by no speed work	4
Everpace Save the Whales	6-7-81	6-7-81	Lathabra	10K	32:17	4th/800	75° C	easy run, good workout hills! heat.	5
Palos Verdes Marathon	6-13-81	6-13-81	Palos Verdes	26.2M	2:37:15	3rd/1800	80° S H	recovered fast, need spd. ult. passed many while staying relaxed, fairly hilly	5
20th Cent. Fox / Century City	6-21-81	6-21-81	Century City	10K	32:00	15/2000	85° S	Phillips hot, very flat 10M-53:35 Tim, Shirley won ever pace (5:21)	6
Coronado Half Marathon	7-4-81	7-4-81	Coronado San Diego	13.1	1:10:00	20/4500	92° H S	didn't push but need more speed	3
Smawson Assoc. Dyke	9-7-81	9-7-81	Smawson MA	15K 9.4551	53:17	11/175	90° S! B!	long 5 mile, along river Hyatt	3
Run for Sight	9-12-81	9-12-81	Cambridge	5.2	27:30	3/800	85° S H	good race - pushed tho tired	3
NEAC Championships	9-20-81	9-20-81	Concord NH	20K	1:07:15	3/300	65° B!!! S/C	5:12, 10:40, 16:50, 33:40, 54:40 not all out - need speed Dixon, Billbird, Myers, Belmont 5:11, 10:30, 15:36,	5
Freedom Trail	10-4-81	10-4-81	Boston	8M	41:35	150/3500	55° B!!! S!		5